



## RACE 2

# Lake Crabtree April 1-2, 2017

1400 Aviation Pkwy, Morrisville, NC 27560

## Race Description

The Lake Crabtree trails are one of the favorite rides in the Triangle. The course offers mix of climbing and fast flow descents.

## Team Pit Set-up

Teams may set up their pits starting Saturday at 1:30 pm

## Pre-Ride Saturday and Sunday

All racers may pre-ride Saturday afternoon (2:00PM-5:00PM) and Sunday morning (8:00 AM-9:00AM). We recommend all riders pre-ride the course. There will be a girl's pre-ride at 4PM. Please pass course workers with great care.

## Race Day Support

Race Day support: Mechanics from Performance Bicycle will be on hand Saturday and Sunday to provide last minute adjustments and repairs for our racers in the neutral support area.

## Volunteering at our Events

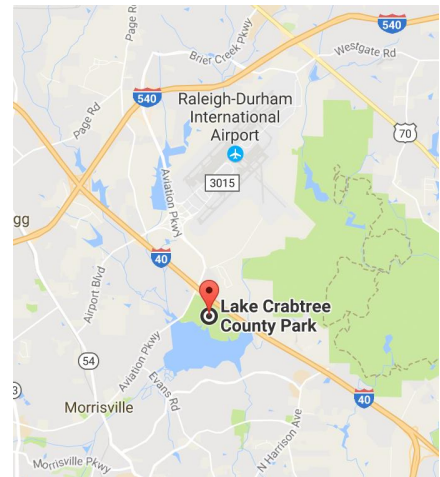
Volunteers make our events possible. If you'd like to volunteer for North Carolina League events, or any of our other races, please visit the North Carolina League website at [northcarolinamtb.org](http://northcarolinamtb.org) and go to the Volunteer section for a listing of volunteer positions.

## Other Important Notes

- \* No dogs off leash, please.
- \* Please grill using the park grills.
- \* Please be considerate of our venue and use the trash receptacles whenever possible.

Brought to you by

VISIT  
*leland*



## DIRECTIONS

- From I40
- Take exit 285 for Aviation Pkwy toward Morrisville
- Turn left into Lake Crabtree County Park

The race infield will be at the boat ramp.

## PARKING

When entering the venue, you will be greeted by our parking volunteer. They will direct where to park and make sure that everyone gets parked according to the staging lay out.

## FOOD SERVICE

We are working on food service options

## RACE 2 | LAKE CRABTREE COUNTY PARK - APRIL 2, 2017

### 2017 RACING FEES

	COST
League Registration Fee	\$65
Race Fee (per race)	\$40

### Saturday

	Start Time
Registration open	1:30pm
Course open for pre-ride	2:00pm
Girl's Ride	4:00pm
Registration closes	4:30pm
Course closes	5:00pm
Social at the <a href="#">Rally Point Sports Grill</a>	5:30pm

### Sunday

	Start Time
Parking and Pit Zone opens for set up	7:15am
Registration opens	7:30am
Pre-ride opens	8:00am
Pre-ride closes	9:00am
Racing begins	9:30am
Awards	3:30pm (approximate)

### RACE CATEGORIES AND WAVE START TIMES - SUNDAY

WAVE 1 (MIDDLE SCHOOL BOYS)	STARTS WITH #	START TIME	LAPS	TOTAL MILEAGE
MS Boys 8th grade	1000	9:30am	3	9.6 miles
MS Boys 7th grade	2000	9:32am	2	6.4 miles
MS Boys 6th grade	3000	9:35am	2	6.4 miles
WAVE 2 (GIRLS)		START TIME	LAPS	TOTAL MILEAGE
JV Girls	100	10:45am	4	12.8 miles
Sophomore Girls	400	10:47am	3	9.6 miles
Freshman Girls	700	10:49am	3	9.6 miles
MS Girls 8th grade	6000	10:51am	3	9.6 miles
MS Girls 7th grade	5000	10:53am	2	6.4 miles
MS Girls 6th grade	4000	10:55am	2	6.4 miles
WAVE 3 (HIGH SCHOOL BOYS)		START TIME	LAPS	TOTAL MILEAGE
Varsity Boys	50	12:30pm	5	16 miles
JV Boys	200	12:32pm	4	12.8 miles
Sophomore Boys	800	12:34pm	3	9.6 miles
Freshman Boys	500	12:36pm	3	9.6 miles

## Chip Timing

All racers will receive a permanent number plate with chip timing tape on the back side covered with a foam spacer. Racers will need to use this plate for all 5 races, so please remove this number plate before mounting the bike on a roof rack to prevent loss. **Replacement number plates will be available at the registration tent for \$25.**

## Registration & League Payment

In Order to race, you need to meet Race Ready status.

HERE'S THE RACE READY CHECKLIST:

- > Pit Zone information entered
- > League Fee and Race Fee paid
- > Release forms completed electronically in the Pit Zone (one per season)

The North Carolina Interscholastic Cycling League recommends avoiding long lines and taking advantage of early online registration. **The Pit Zone will close Tuesday 3/28 at midnight.**

Riders registering "day of" at the race venue must register at least one hour before their race starts. On-site race registration will be open 1:30pm on Saturday and 8:00am on Sunday. Registration for each category closes one hour before the race start for that category. Questions about race registration should be directed to [info@NorthCarolinamtb.org](mailto:info@NorthCarolinamtb.org).

To make race day more enjoyable, register in advance online using the PitZone.

## Petitions for Category Placement

Those petitioning for exceptions to category placement must do so by Sunday, March 26th at midnight. No race day petitions will be accepted. Petitions must be emailed to North Carolina League Director Mike Long at [mike@NorthCarolinamtb.org](mailto:mike@NorthCarolinamtb.org).

Racers can only race in Varsity categories via the petition process.

All riders need to be invited to register in the Pit Zone online. Contact your Team Director to be invited. Independent riders contact North Carolina League Director Mike Long at [mike@NorthCarolinamtb.org](mailto:mike@NorthCarolinamtb.org).

## Weather Policy

Our primary consideration is the safety of racers, race support staff, race visitors, and potential damage to the race course site. Any decisions regarding cancelling, postponing, or altering race start times, lap lengths, number of laps, etc. will be made jointly by the North Carolina League director, the land manager, and the North Carolina League chief referee.

Please review our weather policy at [northcarolinamtb.org](http://northcarolinamtb.org).

## Contacts

[mike@northcarolinamtb.org](mailto:mike@northcarolinamtb.org)  
League Director

[volunteer@northcarolinamtb.org](mailto:volunteer@northcarolinamtb.org)  
Volunteer Coordinator

Questions about registration:  
[info@northcarolinamtb.org](mailto:info@northcarolinamtb.org)

## Leland Area Information

### Lodging

#### HOTELS & MOTELS:

##### La Quinta Inn and Suites

We have a block rate with rooms from \$69 a night until March 17th  
**To Reserve:** call (919) 481-3600 & advise them you're with the NICA room block for property #4013  
Raleigh-Durham Airport South  
1001 Aerial Center Parkway, Morrisville, NC 27560



#### CAMPING:

##### Umstead State Park

approx 15 minutes to race venue  
<http://www.ncparks.gov/william-b-umstead-state-park/camping>

##### Jordan Lake State Park

approx 25 minutes to race venue depending on campsite  
<http://www.ncparks.gov/jordan-lake-state-recreation-area/camping>

## Bike Service

#### BIKE SHOP PARTNERS:

##### PERFORMANCE BICYCLE

Neutral technical support on race weekend is provided by Performance Bicycle

Three locations in the triangle  
653 Cary Towne Blvd, Cary, NC27511  
1800 E Franklin Street, Chapel Hill, NC27514  
6325 Falls of Neuse Rd. Raleigh, NC27615

