



RACE 3

Browns Creek April 27-28, 2019

1910 E Broad St, Elizabethtown, NC 28337

Race Description

Singletracks.com states that Browns Creek has everything your looking for in a bike trail. Punchy climbs, challenging switchbacks, fast descents, flowing single track. Browns Creek will be a fun return visit this season.

Team Pit Set-up

Teams may set up their pits starting Saturday at 11:00 am

Pre-Ride Saturday and Sunday

All racers may pre-ride Saturday afternoon (2:00PM-5:00PM) and Sunday morning (8:00 AM-9:00AM). We recommend all riders pre-ride the course. Saturday there will be a girl's pre-ride at 4PM. Please pass course workers with great care.

Race Day Support

Race Day support: Mechanics from Two Wheeler Dealer will be on hand Sunday to provide last minute adjustments and repairs for our racers in the neutral support area.

Volunteering at our Events

Volunteers make our events possible. If you'd like to volunteer for North Carolina League events, or any of our other races, please visit the North Carolina League website at northcarolinamtb.org/volunteer and go to the Volunteer section for a listing of volunteer positions.

Other Important Notes

- * No dogs off leash, please.
- * Grilling is allowed, no ground fires please
- * Limited water access, plan ahead and bring water
- * Please be considerate of our venue and use the trash receptacles whenever possible.
- * No parking in the Pit Zone
- * Walk bikes in the Pit Zone
- * **Helmets are REQUIRED for ALL participants AND visitors.**



DIRECTIONS

Brown's Creek Bike Trail, 1910 E Broad St, Elizabethtown, NC 28337

Please note that address will take you to normal trailhead parking. For this event we will using the large field to the south and not the trailhead. Please look for the League Flags.

- From the west via I-95
- Take Exit 20 to Lumberton onto 221 East
- Follow NC-41 N to NC-87 S in Bethel
- Take NC-87 Bypass S to E Broad St in Elizabethtown
- Turn left onto E Broad St
- Venue will be immediately on your left

PARKING

When entering the venue, you will be greeted by our parking volunteer. They will direct where to park and make sure that everyone gets parked according to the staging lay out.

FOOD SERVICE

We are working on arranging food service for this event

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2019 RACING FEES

| | COST |
|-------------------------|-------------------------------------|
| League Registration Fee | \$65 |
| Race Fee (per race) | \$40 preregister - \$50 day of race |

Saturday

| | Start Time |
|------------------------------------|------------|
| Pit Zone set up opens | 10:00am |
| Coaches meeting and pre-ride | 11:30am |
| Cackalacky Cup | The Skids! |
| Registration opens | 11:00am |
| GRiT Event – Girl's ride to follow | 12:15pm |
| Course open for pre-ride | 1:30pm |
| Course closes | 5:30pm |

Sunday

| | Start Time |
|---------------------------------------|--|
| Parking and Pit Zone opens for set up | 7:15 am |
| Registration opens | 7:30am |
| Pre-ride opens | 8:00 am |
| Coaches Meeting (Mandatory!) | 8:30 am |
| Pre-ride closes | 9:00 am |
| Staging times | 9:00 am Wave 1 – 9:45 AM Wave 2 |
| Racing begins | 9:15 am |
| Awards | 3:30 (approximate) To help maintain a supportive culture please plan to stay for the awards. |

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| RACE CATEGORIES AND WAVE START TIMES - SUNDAY | | | | |
|---|---------------|------------|------|------------------------------------|
| WAVE 1 (MIDDLE SCHOOL BOYS) | STARTS WITH # | START TIME | LAPS | TOTAL MILEAGE 3.4 miles per lap |
| MS Boys 8th grade | 1000 | 9:15 am | 1 | 3.4 miles |
| MS Boys 7th grade | 2000 | 9:20 am | 1 | 3.4 miles |
| MS Boys 6th grade | 3000 | 9:25 am | 1 | 3.4 miles |
| WAVE 2 (HIGH SCHOOL BOYS) | STARTS WITH # | START TIME | LAPS | TOTAL MILEAGE 3.4 miles per lap |
| JV1 Boys | 200 | 10:15 | 3 | 10.2 miles |
| Freshman Boys | | 10:22 | 3 | 10.2 miles |
| WAVE 3 (GIRLS) | STARTS WITH # | START TIME | LAPS | TOTAL MILEAGE 3.4 miles per lap |
| Varsity Girls | 1 | 11:35 | 5 | 17 miles |
| JV2 Girls | 400 | 11:36 | 4 | 13.6 miles |
| JV1 Girls | 100 | 11:38 | 3 | 10.2 miles |
| Freshman Girls | 700 | 11:40 | 3 | 10.2 miles |
| MS Girls A | 6000 | 11:42 | 2 | 6.8 miles |
| MS Girls 8th grade | 6000 | 11:42 | 1 | 3.4 miles |
| MS Girls 7th grade | 5000 | 11:44 | 1 | 3.4 miles |
| MS Girls 6th grade | 4000 | 11:46 | 1 | 3.4 miles |
| WAVE 4 (HS/MS BOYS-ADVANCED) | STARTS WITH # | START TIME | LAPS | TOTAL MILEAGE 3.4 miles per lap |
| Varsity Boys | 50 | 1:05 pm | 5 | 17 miles |
| JV2 Boys | 200 | 1:07 pm | 4 | 13.6 miles |
| MS Boys 8A | 1000 | 1:09 pm | 2 | 6.8 miles |
| MS Boys 7A | 2000 | 1:11 pm | 2 | 6.8 miles |

Chip Timing

All racers will receive a permanent number plate with chip timing tape on the back side covered with a foam spacer. Racers will need to use this plate for all 5 races, so please remove this number plate before mounting the bike on a car rack to prevent loss. **Replacement number plates will be available at the registration tent for \$25.**

Registration & League Payment

In Order to race, you need to meet Race Ready status.

HERE'S THE RACE READY CHECKLIST:

- > Pit Zone information entered
- > League Fee and Race Fee paid
- > Release forms completed electronically in the Pit Zone (one per season)

The North Carolina Interscholastic Cycling League recommends avoiding long lines and taking advantage of early online registration. **The Pit Zone will close Tuesday April 23 at midnight.**

Riders registering "day of" at the race venue must register at least one hour before their race starts. On-site race registration will be open 8:00am on Sunday. Registration for each category closes one hour before the race start for that category. Questions about race registration should be directed to info@NorthCarolinamtb.org.

Petitions for Category Placement

Those petitioning for exceptions to category placement must do so by **Sunday, April 21st at midnight**. No race day petitions will be accepted. Petitions must be emailed to North Carolina League Director Mike Long at mike@NorthCarolinamtb.org.

Racers can only race in Varsity categories via the petition process.

All riders need to be invited to register in the Pit Zone online. Contact your Team Director to be invited. Independent riders contact North Carolina League Director Mike Long at mike@NorthCarolinamtb.org.

Weather Policy

Our primary consideration is the safety of racers, race support staff, race visitors, and potential damage to the race course site. Any decisions regarding cancelling, postponing, or altering race start times, lap lengths, number of laps, etc. will be made jointly by the North Carolina League director, the land manager, and the North Carolina League chief referee.

Please review our weather policy at northcarolinamtb.org.

Contacts

mike@northcarolinamtb.org
League Director

volunteer@northcarolinamtb.org
Volunteer Coordinator

Questions about registration:
info@northcarolinamtb.org

GRiT Clinic

On Saturday we'll host a third GRiT clinic for the ladies. This time the clinic will focus on tight switchback riding and downhill berms. To stay in the loop contact Libba Moravec at <mailto:libba@northcarolinamtb.org>

The Cackalacky Cup

You thought the kids were having all the fun didn't you? This season we bring you the **NCICL coaches competition**. The Saturday of every race we'll hold an event in the Cackalacky Cup series.

Each event is an event for points where the coaches of each team will represent their team in feats of daring do and bike skill prowess. At the end of the series we will tally the points and the winning team will bring home the Cackalacky Cup and have their team name enshrined on the cup for future generations to marvel at. This event is open to any registered level 1,2 or 3 coach. Sign up at the registration tent.

Cackalacky Cup round three: The Skids

It's a Longest Skid game using cardboard and your best bike handling skills! This game tests hand/eye coordination, timing and balance. Each coach accelerates to a square of cardboard strategically placed and dares to lock up their rear brake once the back wheel is on the cardboard. The skid of a lifetime!

Elizabethtown Area Information

Lodging

HOTELS:

Carolyn's Court Motel

1726 White Lake Dr, Elizabethtown, NC 28337

(910) 862-5363

Location has cabin/bunk houses sleep groups from 6-15, plus a few motel rooms. Family friendly location and on/at the White Lake.

<https://www.facebook.com/Carolyns-Court-108100069231454/>

Knights Inn

Walking distance from various restaurants and close to the race venue

609 E. Broad St.

Elizabethtown NC 28337

1-910-862-7444

CAMPING:

On Site Camping

We're offering onsite primitive [camping at Browns Creek](#) for Saturday night. \$5 per tent and \$10 per RV/Camper. Primitive means there are limited facilities (portapotties). Water is available at the main trailhead parking area. Camping will be by team so please register on [Eventbrite](#).

Bike Service

BIKE SHOP PARTNERS:

TWO WHEELER DEALER

Neutral technical support on race weekend is provided by Two Wheeler Dealer

4408 Wrightsville Ave, Wilmington, NC 28403

Shop hours are 10-6 M-F, 10-5 Sat, Closed Sunday



About the trail

Cape Fear SORBA

The trails you will be enjoying this weekend were created and maintained by the advocacy and hard work of the volunteer members of [Cape Fear SORBA](#)

Cape Fear SORBA is a chapter of the [International Mountain Bike Association \(IMBA\)](#). It is a 501 (c) 3 non-profit whose mission is to create, enhance and preserve great trail experiences for mountain bikers in the Cape Fear Region of North Carolina.

Trail don't just happen, they only happen when people come together to make them happen. [Join your local IMBA chapter today.](#)



Follow us NorthCarolinamt.org | facebook.com/NCHighSchoolMountainBiking | Instagram [@northcarolinamt](https://Instagram/@northcarolinamt)

North Carolina Interscholastic Cycling League is a 501c3 nonprofit organization. For more information about starting a team in your area, visit the website, email us: info@NorthCarolinamt.org.

