



RACE 4

Dark Mountain April 13-14, 2019

499 Reservoir Rd, Wilkesboro, NC 28697

Race Description

Bring your climbing legs. Dark Mountain is the oldest of all the trail systems at the Kerr Scott Reservoir, and was designated a National Recreation Trail in 2005. This course will challenge you right at the start with a climb to the top of the ridge and finish with an exciting downhill section to bring you back to the start line,

Team Pit Set-up

Teams may set up their pits starting Saturday at 10:00 am

Pre-Ride Saturday and Sunday

All racers may pre-ride Saturday afternoon and Sunday morning. We recommend all riders pre-ride the course. See the race schedule for times. Please pass course workers with great care.

Race Day Support

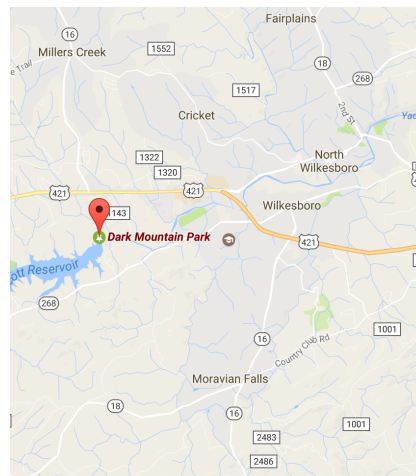
Race Day support: Mechanics will be on hand Saturday and Sunday to provide last minute adjustments and repairs for our racers in the neutral support area.

Volunteering at our Events

Volunteers make our events possible. If you'd like to volunteer for North Carolina League events, or any of our other races, please visit the North Carolina League website at northcarolinamtb.org and go to the Volunteer section for a listing of volunteer positions.

Other Important Notes

- * **No Smoking and No Vaping anywhere, anytime**
- * No dogs off leash, please.
- * Grilling is allowed, no ground fires please
- * Limited water access, plan ahead and bring water
- * Please be considerate of our venue and use the trash receptacles whenever possible.
- * No parking in the Pit Zone
- * Walk bikes in the Pit Zone and crowded areas
- * **Helmets are REQUIRED for ALL participants AND visitors.**



DIRECTIONS

- From US 421
- Take exit 286B onto NC 268 W
- Turn onto Reservoir Road and cross the dam

The race infield will be at the base of the dam

PARKING

When entering the venue, you will be greeted by our parking volunteer. They will direct where to park and make sure that everyone gets parked according to the staging lay out.

FOOD SERVICE

Clean Juice will be on hand Sunday all day to provide Certified Organic Cold Press Juices, Smoothies, Protein Smoothies, and Acai bowls. Please feel free to bring your grills. <https://www.cleanjuice.com/>

Fees and Weekend Schedule

2017 RACING FEES	
	COST
League Registration Fee	\$65
Race Fee (per race)	\$40 preregister - \$50 day of race

Friday	
	Start Time
Pit Zone set up opens	4:00pm

Saturday	
	Start Time
Pit Zone set up opens	10:00am
Coaches meeting and pre-ride	11:30am
Cackalacky Cup	12:15pm
GRiT Clinic – Girl’s ride to follow	12:30pm
Course open for pre-ride	1:30pm
Course closes	5:30pm

Sunday	
	Start Time
Parking and Pit Zone opens for set up	7:15am
Registration opens	7:30am
Pre-ride opens	8:00am
Coaches Meeting (Mandatory!)	8:30am
Pre-ride closes	9:00am
Staging times	9:00am MS boys – 9:50AM MS A boys 10:45 am Girls – 12:15pm HS boys
Racing begins	9:30am
Awards	3:30 (approximate) Please help build a supportive culture and plan to stay for the awards.

RACE 4 | DARK MOUNTAIN – April 14, 2019

RACE CATEGORIES AND WAVE START TIMES - SUNDAY				
WAVE 1 (MIDDLE SCHOOL BOYS)	STARTS WITH #	START TIME	LAPS	TOTAL MILEAGE 3 miles per lap
MS Boys 8th grade		9:30am	1	3 miles
MS Boys 7th grade		9:32am	1	3 miles
MS Boys 6th grade		9:34am	1	3 miles
WAVE 2 (MIDDLE SCHOOL BOYS ADVANCED)	STARTS WITH #	START TIME	LAPS	TOTAL MILEAGE
MS Boys 8A		10:20am	2	6 miles
MS Boys 7A		10:22am	2	6 miles
WAVE 3 (GIRLS)	STARTS WITH #	START TIME	LAPS	TOTAL MILEAGE
Varsity Girls		11:15am	4	12 miles
JV2 Girls		11:17am	3	9 miles
JV1 Girls		11:19am	3	9 miles
Freshman Girls		11:21am	3	9 miles
MS Girls A		11:22am	2	6 miles
MS Girls 8th grade		11:24am	1	3 miles
MS Girls 7th grade		11:26am	1	3 miles
MS Girls 6th grade		11:28am	1	3 miles
WAVE 4 (HIGH SCHOOL BOYS)	STARTS WITH #	START TIME	LAPS	TOTAL MILEAGE
Varsity Boys		12:45pm	4	12 miles
JV2 Boys		12:47pm	3	9 miles
JV1 Boys		12:49pm	3	9 miles
Freshman Boys		12:51pm	3	9 miles

Spectating

The final section of the race course can be fast and there are corners that obscure the view up and down the course. We ask that all spectators stay off the trail completely while a race is in progress. If you must move along the trail please walk in the woods and not in the trail itself.

Chip Timing

All racers will receive a permanent number plate with chip timing tape on the back side covered with a foam spacer. Racers will need to use this plate for all 5 races, so please remove this number plate before mounting the bike on a car rack to prevent loss. **Replacement number plates will be available at the registration tent for \$25.**

Registration & League Payment

In Order to race, you need to meet Race Ready status.

HERE'S THE RACE READY CHECKLIST:

- > Pit Zone information entered
- > League Fee and Race Fee paid
- > Release forms completed electronically in the Pit Zone (one per season)

The North Carolina Interscholastic Cycling League recommends avoiding long lines and taking advantage of early online registration. **The Pit Zone will close Tuesday 4/9 at midnight.**

Riders registering “day of” at the race venue must register at least one hour before their race starts. On-site race registration will be open 7:30am on Sunday. Registration for each category closes one hour before the race start for that category. Questions about race registration should be directed to info@NorthCarolinamtb.org.

To make race day more enjoyable, register in advance online using the PitZone.

Last Call for Petitions for Category Placement

Those petitioning for exceptions to category placement must do so by **Saturday, April 6th at midnight**. No race day petitions will be accepted. Petitions must be emailed to North Carolina League Director Mike Long at mike@NorthCarolinamtb.org.

Racers can only race in Varsity categories via the petition process.

All riders need to be invited to register in the Pit Zone online. Contact your Team Director to be invited. Independent riders contact North Carolina League Director Mike Long at mike@NorthCarolinamtb.org.

Weather Policy

Our primary consideration is the safety of racers, race support staff, race visitors, and potential damage to the race course site. Any decisions regarding cancelling, postponing, or altering race start times, lap lengths, number of laps, etc. will be made jointly by the North Carolina League director, the land manager, and the North Carolina League chief referee.

Please review our weather policy at northcarolinamtb.org.

Contacts

mike@northcarolinamtb.org
League Director

volunteer@northcarolinamtb.org
Volunteer Coordinator

Questions about registration:
info@northcarolinamtb.org

Trails Closed During Race Weekend

The Dark Mountain trail and race course is closed to the public and all NICA riders during race weekend (Saturday to Sunday). Coaches and student athletes may only ride Dark Mountain during predetermined pre-ride times and their race itself. Riding out of bounds carries penalties for both Student Athletes **and** Coaches. There are ample riding opportunities close by at the rest of the Kerr Scott trail network. Dark Mountain will re-open to the public all riders **after** the awards ceremony on Sunday.

GRiT Clinic

On Saturday we will be hosting a clinic for the ladies. Details are being finalized as this flyer goes to publish but more details are forthcoming. To stay in the loop contact Libba Moravic at <mailto:libba@northcarolinamtb.org>

The Cackalacky Cup

You thought the kids were having all the fun didn't you? The Saturday of every race we will hold an event in the Cackalacky Cup series. Each event is an event for points where the coaches of each team will represent their team in feats of daring do and bike skill prowess. At the end of the series we will tally the points and the winning team will bring home the Cackalacky Cup and have their team name enshrined on the cup for future generations to marvel at. This event is open to any registered level 1,2 or 3 coach. Sign up at the registration tent.

Cackalacky Cup Round Four: Ummmm.... We're working on it. Stay tuned

Dark Mountain Area Information

Lodging

HOTELS:

We have not arranged any hotel discounts at this date

CAMPING:

We are unable to offer onsite camping at Dark Mountain

Bike Service

BIKE SHOP PARTNERS:

TBD

About the trail

Northwest NC MTB Alliance

The trails you will be enjoying this weekend are maintained by the advocacy and hard work of the volunteer members of the Northwest NC MTB Alliance



[The Northwest NC MTB Alliance](#) is a chapter of the Southern Off Road Bicycle Association – SORBA. It is a 501 (c) 3 non-profit whose mission is to create, enhance and preserve great trail experiences for mountain bikers in NC's mountains and foothills, including the communities of Boone, Hickory, Lenoir, Marion, Morganton and Wilkesboro.

Follow us NorthCarolinamtb.org | facebook.com/NCHighSchoolMountainBiking | Instagram [@northcarolinamtb](https://Instagram/northcarolinamtb)

North Carolina Interscholastic Cycling League is a 501c3 nonprofit organization. For more information about starting a team in your area, visit the website, email us: info@NorthCarolinamtb.org.

