



**RACE 4 (6 according to Pit Zone)**

## **Farris Memorial Park**

**MAY 4-5, 2019**

**2878 Park Rd, Mayodan, NC 27027**

### **Race Description**

Farris Memorial Park boasts one of the newest trails in the state. You've raced smooth, rooty and flowy. Now you get to add rock gardens to your skill set. It's going to be a load of fun.

### **Team Pit Set-up**

Teams may set up their pits starting Saturday at 10:00 am

### **Pre-Ride Saturday and Sunday**

All racers may pre-ride Saturday afternoon and Sunday morning. We recommend all riders pre-ride the course. See the race schedule for times. Please pass course workers with great care.

### **Race Day Support**

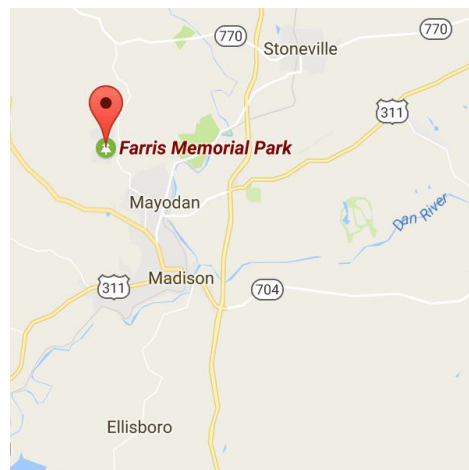
Race Day support: Mechanics will be on hand Sunday to provide last minute adjustments and repairs for our racers in the neutral support area.

### **Volunteering at our Events**

Volunteers make our events possible. If you'd like to volunteer for North Carolina League events, or any of our other races, please visit the North Carolina League website at [northcarolinamtb.org](http://northcarolinamtb.org) and go to the Volunteer section for a listing of volunteer positions.

### **Other Important Notes**

- \* **No Smoking and No Vaping anywhere, anytime**
- \* No dogs off leash, please.
- \* Grilling is allowed, no ground fires please
- \* Limited water access, plan ahead and bring water
- \* Please be considerate of our venue and use the trash receptacles whenever possible.
- \* No parking in the Pit Zone
- \* Walk bikes in the Pit Zone and crowded areas
- \* **Helmets are REQUIRED for ALL participants AND visitors.**



#### **DIRECTIONS**

From US 421

- From US-220
- Take the NC-135 ramp to Mayodan/Eden
- Turn left onto NC-135 W/US-311 S
- Turn right onto S 2nd Ave
- Turn left onto W Main St
- Turn right onto S Ayersville Rd
- Turn left onto Park Rd

Farris Memorial Park will be on your Left

#### **PARKING**

When entering the venue, you will be greeted by our parking volunteer. They will direct where to park and make sure that everyone gets parked according to the staging lay out.

#### **FOOD SERVICE**

The park concession stand will be open and there will be 2-3 food vendors there for Saturday lunch and dinner and Sunday breakfast and dinner. There will be an ATM on site. Food vendors are Cash only

## Fees and Weekend Schedule

<b>2017 RACING FEES</b>	
	<b>COST</b>
League Registration Fee	\$65
Race Fee (per race)	\$40 preregister - \$50 day of race

<b>Saturday</b>	
	<b>Start Time</b>
Pit Zone set up opens	10:00am
Coaches meeting and course inspection	11:30am
GRiT Clinic – Girl's ride to follow	12:30pm
Course open for pre-ride	1:30-2:30pm pre-ride; 2:30-3:00pm re-ride; 3:00pm free ride
Course closes	5:30pm

<b>Sunday</b>	
	<b>Start Time</b>
Parking and Pit Zone opens for set up	7:15am
Registration opens	7:30am
Pre-ride opens	8:00am
<b>Coaches Meeting (Mandatory!)</b>	8:30am
Pre-ride closes	9:00am
Staging times	9:00am Wave 1; 9:45am Wave 2; 11:05am Wave 3; 12:35pm Wave 4
Racing begins	9:15am
Awards	3:30 (approximate) Please help build a supportive culture and plan to stay for the awards.

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### RACE CATEGORIES AND WAVE START TIMES - SUNDAY

WAVE 1 (MIDDLE SCHOOL BOYS)	STARTS WITH #	START TIME	LAPS	CUTOFF TIME	TOTAL MILEAGE
MS Boys 8th grade	2000	9:15am	1	N/A	3.2 miles
MS Boys 7th grade	4000	9:20am	1	N/A	3.2 miles
MS Boys 6th grade	5000	9:26am	1	N/A	3.2 miles
WAVE 2 ( HIGH SCHOOL BOYS)	STARTS WITH #	START TIME	LAPS	CUTOFF TIME	TOTAL MILEAGE
JV1 Boys	800	10:16pm	3	11:06	9.6 miles
Freshman Boys	500	10:23pm	3	11:06	9.6 miles
WAVE 3 (GIRLS)	STARTS WITH #	START TIME	LAPS	CUTOFF TIME	TOTAL MILEAGE
Varsity Girls	1	11:36am	4	12:40	12.8 miles
JV2 Girls	100	11:37am	4	12:40	12.8 miles
JV1 Girls	400	11:39am	3	12:40	9.6 miles
Freshman Girls	700	11:41am	3	12:40	9.6 miles
MS Girls A	9000	11:43am	2	12:40	6.4 miles
MS Girls 8th grade	8000	11:43am	1	N/A	3.2 miles
MS Girls 7th grade	7000	11:45am	1	N/A	3.2 miles
MS Girls 6th grade	6000	11:47am	1	N/A	3.2 miles
WAVE 4 (HS/MS BOYS ADVANCED)	STARTS WITH #	START TIME	LAPS	CUTOFF TIME	TOTAL MILEAGE
Varsity Boys	50	1:12pm	4	2:16	12.8 miles
JV2 Boys	200	1:14pm	4	2:16	12.8 miles
MS 8A	1000	1:17pm	2	2:16	6.4 miles
MS 7A	3000	1:19pm	2	2:16	6.4 miles

## Chip Timing

All racers will receive a permanent number plate with chip timing tape on the back side covered with a foam spacer. Racers will need to use this plate for all 5 races, so please remove this number plate before mounting the bike on a car rack to prevent loss. **Replacement number plates will be available at the registration tent for \$25.**

## Registration & League Payment

In Order to race, you need to meet Race Ready status.

HERE'S THE RACE READY CHECKLIST:

- > Pit Zone information entered
- > League Fee and Race Fee paid
- > Release forms completed electronically in the Pit Zone (one per season)

The North Carolina Interscholastic Cycling League recommends avoiding long lines and taking advantage of early online registration. **The Pit Zone will close Tuesday 4/30 at midnight.**

Riders registering “day of” at the race venue must register at least one hour before their race starts. On-site race registration will be open 7:30am on Sunday. Registration for each category closes one hour before the race start for that category. Questions about race registration should be directed to [info@NorthCarolinamtb.org](mailto:info@NorthCarolinamtb.org).

To make race day more enjoyable, register in advance online using the PitZone.

## Last Call for Petitions for Category Placement

Those petitioning for exceptions to category placement must do so by **Saturday, April 28th at midnight**. No race day petitions will be accepted. Petitions must be emailed to North Carolina League Director Mike Long at [mike@NorthCarolinamtb.org](mailto:mike@NorthCarolinamtb.org).

Racers can only race in Varsity categories via the petition process.

All riders need to be invited to register in the Pit Zone online. Contact your Team Director to be invited. Independent riders contact North Carolina League Director Mike Long at [mike@NorthCarolinamtb.org](mailto:mike@NorthCarolinamtb.org).

## Weather Policy

Our primary consideration is the safety of racers, race support staff, race visitors, and potential damage to the race course site. Any decisions regarding cancelling, postponing, or altering race start times, lap lengths, number of laps, etc. will be made jointly by the North Carolina League director, the land manager, and the North Carolina League chief referee.

Please review our weather policy at [northcarolinamtb.org](http://northcarolinamtb.org).

## Contacts

[mike@northcarolinamtb.org](mailto:mike@northcarolinamtb.org)  
League Director

[volunteer@northcarolinamtb.org](mailto:volunteer@northcarolinamtb.org)  
Volunteer Coordinator

Questions about registration:  
[info@northcarolinamtb.org](mailto:info@northcarolinamtb.org)

## **Trails Closed During Race Weekend**

The trail and race course is closed to the public and all NICA riders during race weekend (Saturday to Sunday). Coaches and student athletes may only ride during predetermined pre-ride times and their race itself. Riding out of bounds carries penalties for both Student Athletes **and** Coaches. The trail will re-open to the public **after** the awards ceremony on Sunday.

## **GRiT Clinic**

On Saturday we will be hosting a clinic for the ladies. [Register at EVENTBRITE HERE.](#) To stay in the loop contact Libba Moravic at <mailto:libba@northcarolinamtb.org>

## **The Cackalacky Cup**

You thought the kids were having all the fun didn't you? The Saturday of every race we will hold an event in the Cackalacky Cup series. Each event is an event for points where the coaches of each team will represent their team in feats of daring do and bike skill prowess. At the end of the series we will tally the points and the winning team will bring home the Cackalacky Cup and have their team name enshrined on the cup for future generations to marvel at. This event is open to any registered level 1,2 or 3 coach. Sign up at the registration tent.

**Are we having one at this event? Cackalacky Cup Round Four: BYE WEEK – No event this race, we'll wrap it up at race 5.**

## **Mayodan Area Information**

### **Lodging**

#### **HOTELS:**

**Hampton Inn Eden**  
724 S Van Buren Rd  
336-627-1111

**Holiday Inn Express Reidsville**  
101 Express Dr  
336-361-4000

**Baymont Inn & Suites Eden**  
716 Linden Dr  
336-627- 0472



**Rockingham  
County NC**

**YOU'RE IN A GOOD PLACE**

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### CAMPING:

#### **Farris Memorial Park (race venue)**

Saturday night only primitive camping. \$10/tent-person/night, \$20/RV/night

[Registration via Eventbrite](#)

#### **Dan River Campground, Madison**

[danrivercampground.com](http://danrivercampground.com)

724 Webster Rd

336-427- 8530

#### **Mayo River State Park**

Limited capacity – Good for larger groups, 2 sites, \$25 each – primitive

[https://www.ncparks.gov/find-an- activity/camping](https://www.ncparks.gov/find-an-activity/camping) 500 Old Mayo Park Road

Mayodan, NC 27027

Phone 336-427- 2530

[mayo.river@ncparks.gov](mailto:mayo.river@ncparks.gov)

#### **Lake Reidsville, Reidsville**

630 Water Works Rd

336-349-4738

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North Carolina Interscholastic Cycling League is a 501c3 nonprofit organization. For more information about starting a team in your area, visit the website, email us: [info@NorthCarolinamtb.org](mailto:info@NorthCarolinamtb.org).



NATIONAL  
INTERSCHOLASTIC  
CYCLING ASSOCIATION